



January 2026

Dear Patient,

We are following up on a previous message about Mount Sinai's contract negotiations with your Anthem Blue Cross Blue Shield health plan.

Previously, we let you know that Anthem had informed us we would not reach an agreement prior to our contract expiration date. This means all Mount Sinai physicians have been removed from Anthem's networks as of Thursday, January 1, and Mount Sinai hospitals and facilities will be removed from Anthem's networks on Sunday, March 1. We also said that Anthem is required by law to continue covering care for certain conditions on an in-network basis for a limited period of time after our contract expires.

**Based on our records, we believe you may have a condition that qualifies for transition-of-care coverage. We encourage you to contact Anthem as soon as possible to find out how you can apply for the benefit.**

We care about you and your health, and we want to make sure you have uninterrupted access to care for any qualifying medical condition. We are insisting that Anthem follow the law by providing an effective process for those patients to request and receive their transition-of-care coverage, if eligible.

We will continue to use every resource at our disposal to make sure Anthem fulfills their responsibility to you. In the meantime, please make your voice heard with Anthem by:

- Contacting Anthem at the number on the back of your insurance card and urging them to reach an agreement with Mount Sinai
- Asking Anthem to confirm your eligibility for transition-of-care coverage

#### **Stay Informed**

- For ongoing updates and answers to frequently asked questions, please visit **KeepMountSinai.org**.
- If you have additional questions or need assistance, please call our community information line at **833-912-3558**.

We remain committed to keeping you informed if anything changes.