



October 2025

Dear patient,

We are writing today with an important update about your access to care at Mount Sinai Health System through Anthem Blue Cross Blue Shield's (Anthem) Essential Plan insurance.

We are currently working with Anthem (formerly known as Empire) to renew our contract, which expires on Wednesday, December 31. We are doing everything we can to reach a new agreement before then.

If our contract expires before an agreement is reached:

- **Mount Sinai's physicians will no longer be in Anthem's Essential Plan network beginning Thursday, January 1.**
- **Mount Sinai's hospitals and facilities will no longer be in Anthem's Essential Plan network beginning Saturday, March 1.**

What You Can Do

Please know that nothing changes today. You can continue receiving care at Mount Sinai the way you always have through Wednesday, December 31.

We encourage you to call Anthem at the phone number on the back of your insurance card and let them know you want to keep your in-network access to Mount Sinai providers and services.

Stay Informed

Visit our website at [KeepMountSinai.org](https://www.KeepMountSinai.org) to stay up to date and view answers to frequently asked questions. If you have additional questions or need assistance, you may call our community information line at **833-912-5604**.

You may be aware that due to changes in federal laws and regulations, there may be significant changes to all New York State Essential Plans. Please be assured that Mount Sinai's discussions with Anthem are not related to these changes. However, we strongly encourage you to contact the NY State of Health at 1-855-355-5777 for general information about changes to New York State Essential Plans, as your eligibility for Essential Plans in general may change.

We value your choice to receive care at Mount Sinai and hope to remain your trusted health care provider in 2026 and beyond.